

Fröå gruva – Fröå mine

In Fröå, copper was mined between the years 1744 and 1919. The smelteries, hammer mill, mint, reservoirs, canals and power plants that belonged to the mine were built in nearby villages. Fröå Mine was very labour-intensive and a lot of cottages were built with small plots of land on which the families grew crops and kept livestock. At one time, there were as many as 127 cottages in the Fröå and Huså mining community. There were 600 people living here in year 1800. It was the largest community in the province of Jämtland!

Mining operations shut down in 1919 and people left Fröå Mine. The properties were sold or fell into disrepair and the land became a wilderness again. The last people moved out in 1971. Extensive renovation work has since taken place: The Fröå Mine Restoration Society was founded in 1984. It has renovated and reconstructed cottages and mining buildings.

In Fröå, the ground beneath your feet is riddled with a network of old mining tunnels and shafts. Paths and trails above ground lead to the cottages, pumphouse, windlass, smithy and other buildings from the time when Fröå mine was the center of copper mining in Jämtland.

You might be fascinated by the reconstructed water art, a giant waterwheel which operates a 190 meter long flatrod system connected to the pumps that keep mine shafts free of water.

There is no equivalent that operates throughout Northern Europe. This one in Fröå is in operation day and night for two months each summer.

You are invited to explore this unique mining area!



Welcome to
**FRÖÅ
GRUVA** ♀

Summer 2019

Fröå, an old mining village at the feet of Mt Åreskutan.
A wonderful place for the whole family.

A place where you can walk around on your own, enjoy delicious refreshments in Bergstugan and see the view. You can take a guided tour to see the big water wheel with the flatrod system and pumps in action.

Take highway E14 to Björnänge, 3 km east of Åre. Turn towards Fröå Gruva and Årebjörnen, and after 7 km you are here.

The old mining area in Fröå will provide you a memorable stay.

1/7 - 25/8 , The area is open daily
Reception is open: 11.00 - 16.00, 070-211 99 04
Guided tours daily at: 11:30 & 14:00
For booking a guided tour at other times: 070-320 95 64
alt. 070-323 63 36 e-mail: info@froagruva.se
website: www.froagruva.se
Bergstugan, the cafe and restaurant is open daily:
21/6 - 25/8 11.00 - 16.00, 072-521 05 44
website : www.bergstuganfroa.se

Cash only at the reception, Cards can be used at Bergstugan

Summerprogram 2019

June 21: Midsummer´s Eve

11 am: You can catch a ride with the tractors with decorated leafy carriages departing from ÅreBjörnen

12 am: The dance around the pole is traditionally led by Karin Eriksson and Ingemar Persson (accordion)

Juice and buns are provided for the children.

Take part in the lottery and in the candy rain, sponsored by Per from Ica store in Björnänge. Music. Bergstugan welcomes you with food and refreshments.

July 8 to July 14: Copper blacksmith Lennart Wadin welcomes you to the forge. He manufactures and sells unique objects, which can only be purchased at Fröå.

July 13 to July 14: Fröå Days 11 am to 4 pm Crofts and Cabins are open to the public. The Gustaf Mine, Pump House and Water Art is open and staffed. Music. Guided tours. Copper blacksmith´s forge. Kolbullar and traditional Flatbread will be baked and sold.

Local craftsmen will be at Fröå Mining Loft (Gruvvinden) and will exhibit their crafts and creations which will also be available for purchase. (Please bring some cash)

July 18: 5 pm Anders, the chairman of the Association of Fröå mine, will have mowing in a traditional way. A scythe and a rake will be used when we hazel the hay.

Inger, the storyteller, will tell about how the children´s life were back in the old days.

Please come along and try yourself. Bring your picnic basket and enjoy the evening.

The location is the meadow at Sellstedts torpet.

(Events and times may change)

Traditional Flatbread is baked and sold every Saturday, July 1 to August as well as Midsummer´s Eve and during the Fröå Days.

Culture & Entertainment

Two Thursday evenings in August
We welcome you to Fröå Mining Loft (Gruvvinden)
The events starts at 19:00

August 8: "Rune Jonssons Trio"

August 22: "Dagsmejan"

(Events and times may change)
All events in cooperation with
Studieförbundet Vuxenskolan